



Trip Report

19.08. – 30.08.2008



Olympic Games Beijing 2008

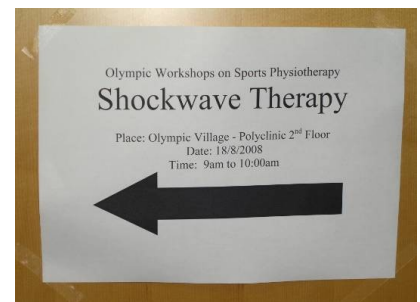
EMS **Swiss Dolorclast** at the Olympic Games in Beijing

Venue: *Polyclinic, Olympic Village, Beijing* **Location:** *Beijing*
Participants: *Dr. Mark Henne, Christoph Benecke, Derek Ong (AMSC), hke* **Date:** *07.08. - 24.08.2008*

- Goals:**
- Provide rESWT treatment to the athletes, team-members, and health professionals of the different Olympic teams during the Olympic Games in Beijing
 - Introduction of rESWT and the **Swiss DolorClast** to doctors, physiotherapists, trainers and athletes of the different Olympic teams.
 - Introduce Chinese health professionals to rESWT
 - Train Chinese physiotherapists and orthopaedic doctors in the use of the Dolorclast

- Presentations:**
- **Four weeks prior to the Games: Presentation and training by Dr. Nick Boden to a large group of Chinese orthopaedic doctors in Beijing**
 - **Special presentation by Dr. Henne during the Games. Participants: 25 team doctors and trainers from Africa countries, Canada and the Caribbean Islands.**
 - **Presentation on rESWT by Dr. Andreas Gösele, Basel (Swiss Olympic team doctor). Participants: 35 people from many different countries.**

Polyclinic at the Olympic Village during the Olympic Games 2008 in Beijing



**Executive
Summary:**

The EMS-Dolorclast-treatments-centre was located inside the physiotherapy- and rehabilitation part of the polyclinic.

There were three Swiss Dolorclast CLASSIC and two treatment stretchers available.

Patients had to register at the central clinic registration in order to be referred to the treatment location.

Opening times were from 12:00 to 19:00 hours. In emergencies' Henne and Mr. Benecke could be reached at any time through local mobile phone.

Results:

It has been stressed that we cannot use any names of the treated athletes. Only general statistics about the treatments and the results are usable. The sponsoring and personal confidentiality issues are very strong and closely observed. Only with the written consents of the athletes and his / her sponsor would a publication be possible. This consent is almost impossible to get because athletes, trainers and especially sponsor do not want the public to know that their "star" had a problem.

Despite these limiting factors we have been able to do 54 treatments. The average improvement over the very short time of the Games was good, with some athletes showing remarkable very good results. We held two well organized presentations combined with hands-on application training to a wide range of athletes, trainers and physiotherapists / and doctors. During my 4 day stay we offered continuous information sessions at the polyclinic for whoever was interested.

The fact that only the EMS Swiss Dolorclast was allowed in the Olympic Village Polyclinic is seen as an endorsement by the Olympic Committee that ours is the best machine available.



Dr. Mark Henne: Ready to ShockWave !!!



Treatment of Achilles Tendinosis

Treatment of 110 meter hurdle athlete



Demonstration and Instruction Worldwide



Total number of treatments:	54
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Indication	% of treated patients:
Inflammation MCL (knee)	9.5
Tendovaginitis (hand)	4.8
Tendovaginitis (knee)	4.8
Achilles tendinitis	9.5
Plantar fasciitis	23.8
Muscle hardening gluteus med	4.8
Epicondylitis	14.3
Muscle hardening trapezius	4.8
Impingement shoulder	4.8
M. tibialis post tendovaginitis	4.8
Periostitis heels	4.8
Periostitis tibia	4.8
Jumper's knee	4.8
TOTAL	100%

Swiss DolorClast excellence in ESWT Worldwide!!!